

# 2004 Colonies Zone Short Course Meters Championship and New England Masters Workout Group Challenge

## December 4-5, 2004: Wheaton College, Norton MA

Sanctioned by NE-LMSC for USMS, Inc.: Sanction Number 035-019-SSCM

Maximum of five individual events per day, plus relays: ENTER METERS SEED

Print seed times clearly! Use a colon between minutes and seconds A seed time must be recorded for each event entered				
Evt. No.	Entry Time Women	*enter <i>meters</i> seed times* Event	Entry Time Men	Evt. No.
<b>Saturday 12/4, 8:00 a.m. warm up, 9:00 a.m. start</b>				
3		100 Meter Individual Medley		4
5		50 Meter Butterfly		6
7		400 Meter Free: <b>WOMEN</b>	<b>see below</b>	--
9		200 Meter Breaststroke		10
11		50 Meter Freestyle		12
13,15	<b>deck entry</b>	200 Meter Medley Relay	<b>deck entry</b>	14,15
17		200 Meter Backstroke		18
19		100 Meter Butterfly		20
21		400 Meter Individual Medley		22
23,25	<b>deck entry</b>	400 Meter Freestyle Relay	<b>deck entry</b>	24,25
<b>Sunday 12/5, 8:00 a.m. warm up, 9:00 a.m. start</b>				
27		100 Meter Breaststroke		28
29		200 Meter Individual Medley		30
--	<b>see above</b>	400 Meter Free: <b>MEN</b>		32
33		100 Meter Backstroke		34
35,37	<b>deck entry</b>	200 Meter Freestyle Relay	<b>deck entry</b>	36,37
39		200 Meter Freestyle		40
41		50 Meter Breaststroke		42
43		200 Meter Butterfly		44
45		50 Meter Backstroke		46
47		100 Meter Freestyle		48
49,51	<b>deck entry</b>	400 Meter Medley Relay	<b>deck entry</b>	50,51
53,55	<b>deck entry</b>	800 Meter Freestyle Relay	<b>deck entry</b>	54,55

Name _____ Gender: M F	
Age on 12/31/04 _____ DOB _____ Phone _____	
E-Mail _____	
Address _____	
2004 or 2005 USMS# _____	
[ ] New England Masters-Workout Group: _____	
[ ] Great Bay Masters [ ] Maine Masters [ ] Vermont Masters	
<b>The above clubs are members of the NELMSC; swimmers must be USMS registered but do not need to attach USMS card copy.</b>	
[ ] Other Club name: _____ LMSC _____	
<b>Members of clubs outside the New England LMSC must attach a copy of your USMS card.</b>	
<b>ALL INFORMATION ON THIS FORM IS MANDATORY FOR AN OFFICIAL ENTRY. SWIMMERS WITH INCOMPLETE OR INCORRECT FORMS WILL BE PLACED ON THE MEET WEB PAGE PROBLEMS LIST AND ASSESSED A \$5 PROCESSING FEE. COMMON PROBLEMS: MISSED SIGNATURE; UNDERPAYMENT; USMS NUMBER PENDING; NON-NELMSC SWIMMERS WITHOUT A USMS CARD COPY.</b>	
All problems must be resolved, and fees collected, by 12/1, or entry will be rejected.	
<b>Meet web site: <a href="http://www.greatbaymasters.org/04scmchamp.php">http://www.greatbaymasters.org/04scmchamp.php</a></b>	
Web site features meet information, updates, problem entry list, psych sheets, timelines, frequently asked questions.	
Meet entry fee = \$16.00	<b>Mail To:</b> Ed Gendreau 432 Lilac Lane Dover, NH 03820
# individual events ___ X \$3.00 = \$ _____	
Total payable to <b>Great Bay Masters:</b> = \$ _____	
<b>ENTRY DEADLINE:</b> Entries must be postmarked by Wednesday November 17 or received by Saturday November 20	<b>LATE ENTRIES:</b> If you miss the entry deadline you may submit an entry form that must be received no later than 6 p.m. Saturday November 27, with an additional \$16 penalty.
I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all of the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition I agree to abide by and be governed by the rules of USMS.	
DATE _____	SIGNATURE _____